



LaDue Legends and Legacy Award

Honouring Grit. Celebrating Legacy. Uplifting Women Who Lead.

A Florence LaDue–Inspired Community Recognition

Call for Nominations

Since 2013, the **LaDue Ladies Lunch Foundation** has honoured an extraordinary woman from our community through the **LaDue Legends and Legacy Award**. This award celebrates women who embody the enduring spirit of **Florence LaDue** and the early-day cowgirls who could truly do it all.

The LaDue Ladies Lunch Foundation is a not-for-profit organization dedicated to **raising funds that create educational opportunities, scholarships, and meaningful support for young women across Alberta**. Today, the Foundation proudly awards **nine annual scholarships** to female students in Alberta, helping empower the next generation to pursue their goals with confidence.

Rooted in the legacy of Florence LaDue, the Foundation celebrates women who reflect the cowgirl spirit of **tenacity, innovation, imagination, and a rancher's work ethic**. Through our research on Florence LaDue, we discovered that many women of her era shared a grit and resilience we continue to recognize today in successful women across Western Canada—women who are unapologetically authentic, boldly capable, and unafraid to be their fullest selves.

Over the years, the LaDue Ladies' Lunch Foundation has also been proud to support a range of local charities that share our commitment to strengthening the **education and well-being of women and children** in our community.

Who Is a LaDue Legend?

A LaDue Legend is a woman who consistently demonstrates many of the following qualities:

- Leads with integrity and strong values

- Possesses vision and imagination, inspiring others toward what is possible
- Demonstrates tenacity and resilience in the face of challenge
- Is unapologetically authentic and courageous
- Challenges the status quo and creates space for new ideas
- Acts as a trailblazer and pioneer, driving meaningful change
- Lifts others up as a mentor, advocate, and role model
- Is passionate, caring, and committed to service or advocacy

Nominees are not expected to embody every trait; award recipients will demonstrate many of these qualities in ways that have created **lasting, positive impact**.

LaDue Legends and Legacy Award

Nomination Form

Nominee Information

- **Full Name:** _____
- **Street Address:** _____
- **City / Province / Postal Code:** _____
- **Email Address:** _____
- **Telephone Number:** _____

Nominator Information

- **Your Name:** _____
- **Relationship to Nominee:** _____
- **Email / Phone:** _____

Nomination Narrative

Please provide a written response addressing the following:

1. How does this nominee exemplify the spirit of a **LaDue Legend**?

2. Which qualities listed above does she most strongly demonstrate? Please share specific examples.
3. How has her leadership, service, or vision created a **lasting, positive impact** in her community?
4. In what ways does she uplift, mentor, or empower others?

Additional stories, achievements, or supporting materials may be included.

Submission Details

- **Nomination Deadline: April 23, 2026**
- **Submit Written Nominations To:**
Alison Keene, President
LaDue Ladies Lunch Foundation
Email: ali@ladueladieslunch.ca
- **(403) 617-3876**

Thank you for helping us honor the women who lead with courage, create opportunity, and carry forward the fearless legacy of Florence LaDue.

LaDue Ladies Lunch Foundation Mission

Raising funds to empower young women across Alberta through education, scholarships, and community support—while honouring the legacy, leadership, and grit of women who lead the way.